



Happy Spring to the team! (Though, as I write this I am staring at snow on the ground, so spring is still a little slow in coming to New England). The last quarter has gone by fast and we have made a number of exciting changes to fill you in on!

### **New Team**

We have added a few new staff members: In HQ our HR/Payroll contact, Daniela Dyankova replaces Tina Porras who has moved out of the immediate area.

We have hired new personnel in Chicago, Atlanta and Boston. We feel these additions will increase the level of support you come to expect from Semper.

### **New Website**

We are also in the middle of upgrading the Semperllc.com websites to provide easier registration, online timecards and much better job search capabilities. This, coupled with our increased marketing to clients (for example the new email templates) has already shown an increase in traffic and interesting assignments available.

### **Career Development**

You are the heart and soul of our success. As a staffing company, we all understand that our staff is the biggest asset we have, and we pledge to continue to create an exceptional, caring work environment.

Career development has always been an integral part of Semper. And we want to work with all of our teammates to keep advancing our capabilities. Whether you love your job now but would like to attend a conference or class, you might want to move into a fun and interesting new area of learning and work, or would like us to partner with you when you need to make a change from a current assignment or position – reach out to your team so we can help with. We are eager to grow ourselves, and look forward to building your career together.



### **A note on the Marathon Anniversary**

Finally, as many of you know Semper's HQ is right on the finish line of the Boston Marathon. Because of our proximity to the bombings and recovery efforts, we have all been touched by the memorial efforts this year. To honor the victims and first responders, this week we made an additional donation to the One Fund. You can see our [email announcement](#).

This newsletter is a way to share our sincere appreciation for all your work in the past few months – thank you and we are excited for the quarter to come!

Semper

and now onto the External Staff of the Quarter Announcements!

### **SPOTLIGHT ON...**

#### **Semper Dallas**

**Semper Dallas** is pleased to recognize **Cody** for his exceptional hard work and commitment to get the job done! Cody goes above and beyond working extra days and hours whenever needed. The lead press operator and supervisor both know they can count on him to keep their press running. Thank you Cody for all your commitment and representing Semper so well!

#### **Semper Atlanta**

**Semper Atlanta** is excited to recognize Moises. **Moises** has twenty five years of experience with General Bindery. His skills experience include cutters, folders, drills, perfect binders and stitchers. Moises has additional skills with book makers, such as Duplo 5000 and Duplo 6000 and die cutter cylinder press. Moises has been an integral part of Semper Atlanta's success since he has joined the Semper family. Welcome to Semper Moises!!!!



### **SemperPT**

**SemperPT** would like to nominate **Dana B** as our outstanding employee of the quarter. As a new yoga instructor, she started teaching one class a week. She is now being requested by multiple clients. Way to go, Dana!

### **Semper Baltimore**

**Semper Baltimore** would like to shine the spotlight on **Stephen C.** Stephen is 25 year seasoned print production professional. Stephen has exceptional skills in operation and maintenance of complex high-speed press lines and peripheral equipment. Stephen is an innovative leader with innate ability to assess technical situations, determine key issues and facilitate resolution while maintaining operational efficiencies. Stephen is a confident performer, achieving recognition and multiple awards for technical abilities and contributions to a safe work environment. Stephen has proven to be a valuable part of the Baltimore Office's success. Welcome Stephen to team Semper Baltimore.

### **Semper Long Beach**

**Ruben** was assigned to one of Semper's clients here in So Cal that also has operations in Chicago. Using his extensive bindery operator and supervision skills, Ruben quickly became a valued member of the team working under tight deadlines. It's been 5 months of full-time work now with no end in sight. Ruben, thanks for being a Semper success story!

### **Semper Boston**

**Karla** has been active with Semper for over 3 months and has consistently received positive reviews from the managers, of her dedication and work ethic.

### **Semper New Jersey**

**Semper New York/New Jersey** would like to recognize **Leslie** for consistently representing Semper to the highest caliber. We have received wonderful reviews from the manager on a weekly basis.



### **Semper Chicago**

**Semper Chicago** would like to recognize **Michael M.** He has worked for the Chicago office for over a year at different locations and he always does a great job. He's punctual, professional and extremely knowledgeable. He's helped Semper not only retain our reputation for staffing the industry with skilled professionals, he's also increased it. Thank you Mike!

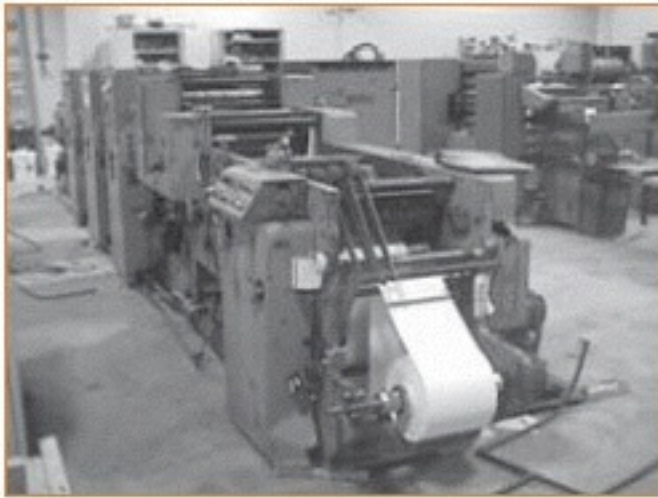
### **Semper Minnesota**

**Mike B** started working for Semper back in the summer of 2010 as a pressman. He had unique skills on a couple older presses that opened the door during a very difficult stretch in the industry. He has worked at 4 separate shops for Semper over the 4 year span but the majority of that time has been spent with one solid operation. He does fill-in work for other projects if and when that firm slows. Thanks Mike for being a valued resource through the peaks and the valleys in the industry.

### **Semper San Francisco**

**Aaron** has been working for Semper since December of 2013 because of his work ethics and hard work, our client has oftentimes used him as an example. When we receive an order, our client requests a clone of Aaron! He has helped develop Semper's reputation not only by hard work, but has kept us informed when there has been a need for attentional help. Thank you Aaron! We appreciate your dedication to our success!

## Safeguarding Equipment and Protecting Yourself from Amputations



As with other machines, many printing press-related amputations occur during cleaning and maintenance activities. For example, amputations frequently occur when workers get their fingers or hands caught in the in-going nip points created between two rollers while performing these tasks:

- Cleaning or attempting to free material from the rollers.
- Hand-feeding substrate into

the in-running rollers during press set-up while the machine is operating.

### Case History

An employee was adding ink at the top of a printing press when he spotted a small piece of wood in the area of the moving rollers. He caught his hand in the moving rollers as he attempted to remove the wood and had to have his forearm surgically amputated.

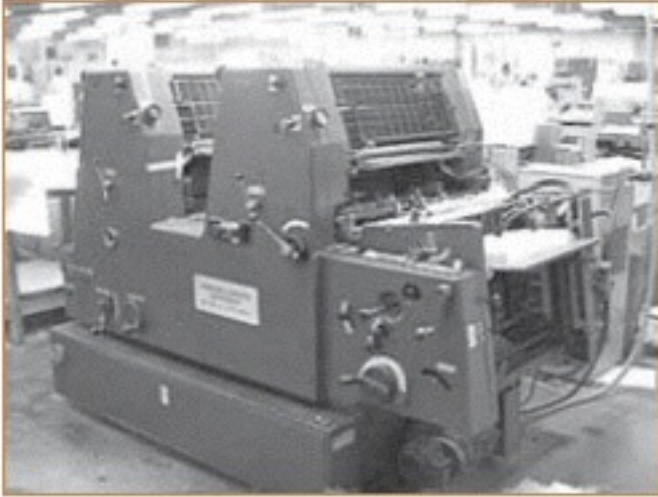
### Case History

An offset printing press operator lost his right hand while attempting to remove dried ink on a moving roller using a rag. The guard covering the lower ink train rollers had been flipped up, exposing the rollers. The rag got caught in a nearby roller, pulling the employee's hand into the in-going nip point. The employee immediately hit the press stop button but the roller rotated one-half turn before stopping. His hand was crushed and had to be amputated at the hospital.

### What Types of Controls Can I Use to Safeguard Printing Presses?

As with most machinery, you can rely on engineering, work practice, and administrative controls to protect employees against injuries when using printing presses. For example, some basic engineering controls include the following:

- Install guarding on all hazard points, including all accessible in-going nip points between rollers and power-transmission apparatus (such as chains and sprockets), that are accessible during normal operation.



- Safeguard nip point hazards with barrier guards or nip guards. Nip guards should be designed and installed without creating additional hazards. For example, the distance between the nip guard and the adjacent roller/cylinder should be minimized. Additionally, to prevent wedging, the angle between the nip guard and the surface of the roller should not be less than 60 degrees.

- Install fixed barrier

guards at rollers that do not require operator access.

- Use fixed guards that can only be opened with tools (to prevent tampering) at points requiring operator access once per shift or less.
- When you need more frequent access to the press, use interlocked guards, which are designed to stop the printing press when opened or moved, instead of fixed guards. Interlocked guards should not allow normal operation of the press while open.
- Use an inch or reverse function to perform actions such as substrate feeding, machine adjustment, and lubrication when one or more interlocked guards is moved to allow operator access. The speed and distance of the inch function should be designed to ensure that it does not pose a hazard if not otherwise guarded.
- Require press operators to perform normal startup procedures before the press can be operated. Replacing an interlocked guard should not automatically trigger machine operation.
- Use additional safeguarding methods such as guarding by location as well as devices for stopping the printing press such as trip bars and pull cords.
- Remember that interlocks and stops do not stop the press immediately and that non-driven idler rollers may continue to rotate when the press is stopped and can cause injury.

[Click here](#) for additional information about amputation prevention in the printing industry.

If you have questions about safety at your workplace, speak with your supervisor. He or she should tell you the location of safety equipment. If you feel unsafe in your workplace or have concerns about machine guards, call your Semper recruiter right away.

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## Summer time is vacation time!

As the weather heats up and the outdoors call, we want to remind you of some summer best practices.

- Stay in touch with your recruiter! If you plan to be away for a vacation or long weekend, make sure your recruiter knows.
- The more available you are, the better able we are to keep you working. Our busy season is just getting under way!
- Your work location may observe different holidays than Semper. You are expected to work all scheduled shifts. Please call your recruiter if you have questions or concerns with your hours or schedule.



- Semper observes Memorial Day and Fourth of July. See the [benefits page](#) on our website for details about holiday pay. Questions? Call your local recruiter.

All of us here at Semper wish you and yours a safe and happy season!

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